

# Bucyrus City Schools

Planned Menu Spreadsheet  
 BREAKFAST K-5 IN CLASSROOM

## Portion Values - Detailed

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Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/03/2017														
BREAKFAST K-5 IN CLASS														
MUFFIN BLU WG 2OZ 557970	170	40	120	2.00	1.08	150.0	75	0.0	15	3.0	29.0	5.0	2.00	0.00
CRACKER GLDFSH CIN 1945102	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CT														
ORANGE SMILES MARK NAV OH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
1/2 CUP														
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
Weighted Daily Average	427	46	287	9.00	1.44	510.0	735	121.50	57	12.00	82.25	5.63	2.38	0.00
% of Calories									53.8%	11.2%	77.0%	11.8%	5.0%	0.0%
Nutrient Guideline	350-500		540										<10.00	

Wed - 01/04/2017														
BREAKFAST K-5 IN CLASS														
BRKFST BAR BENEFIT APPLE	290	20	250	3.00	1.80	20.0	0	0.0	*N/A*	5.0	48.0	9.0	2.50	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
BANANAS RAW OHPA GFS20099	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
1 EACH														
Weighted Daily Average	572	26	417	6.00	1.80	320.0	565	52.50	*29	14.00	107.25	9.63	2.87	0.00
% of Calories									*20.6%	9.8%	74.9%	15.1%	4.5%	0.0%
Nutrient Guideline	350-500		540										<10.00	

Thu - 01/05/2017														
BREAKFAST K-5 IN CLASS														
BRK CRUNCH MANIA 443121	210	0	220	3.00	1.44	150.0	750	0.0	13	4.0	37.0	6.0	2.00	0.00
BANANAS RAW OHPA GFS20099	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

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Jan 2, 2017 thru Jan 31, 2017

BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories	492	6	387	6.00	1.44	450.0	1315	52.50	42 34.5%	13.00 10.6%	96.25 78.2%	6.63 12.1%	2.38 4.3%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Fri - 01/06/2017														
BREAKFAST K-5 IN CLASS														
Total	210	0	280	2.00	1.08	0.0	55	0.0	11	5.0	36.0	6.0	1.50	0.00
BRK FRUDEL APPLE GFS 838340	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1														
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
APPLESAUCE BIRTHDAY CAKE	90	0	15	2.00	0.00	0.0	95	60.0	19	0.0	22.0	0.0	0.00	0.00
OHCOM														
Weighted Daily Average % of Calories	477	6	462	4.00	1.08	300.0	710	103.50	58 49.0%	13.00 10.9%	90.25 75.6%	6.63 12.5%	1.88 3.5%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Mon - 01/09/2017														
BREAKFAST K-5 IN CLASS														
Total	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
BRK POPTRT STR 1 WG 695890	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1														
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
Weighted Daily Average % of Calories	642	6	527	9.00	3.60	500.0	1565	52.50	59 37.0%	13.00 8.1%	135.25 84.2%	5.63 7.9%	2.38 3.3%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

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Planned Menu Spreadsheet  
 BREAKFAST K-5 IN CLASSROOM

## Portion Values - Detailed

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Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 01/10/2017														
BREAKFAST K-5 IN CLASS														
BRK NUTRIGRAIN BLUE 498170	160	0	135	3.00	1.80	200.0	750	0.0	15	2.0	30.0	4.0	0.50	0.00
YOGURT STR TUBE GOGURT 88	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
5651														
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
APPLE HALF:138 OHPA GFS	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
Weighted Daily Average	377	6	302	5.50	1.98	500.0	1360	45.90	52	10.00	73.25	4.63	0.87	0.00
% of Calories									54.6%	10.6%	77.6%	11.0%	2.1%	0.0%
Nutrient Guideline	350-500		540										<10.00	

Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 01/11/2017														
BREAKFAST K-5 IN CLASS														
MINI CINNIS 894291	240	0	300	2.00	1.44	20.0	75	0.0	15	5.0	40.0	8.0	2.00	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
ORANGE SMILES MARK NAV OH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
Weighted Daily Average	497	6	467	9.00	1.80	380.0	735	121.50	57	14.00	93.25	8.63	2.38	0.00
% of Calories									46.2%	11.3%	75.0%	15.6%	4.3%	0.0%
Nutrient Guideline	350-500		540										<10.00	

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Planned Menu Spreadsheet

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004 - BREAKFAST BUCYRUS ELEM K-5

BREAKFAST K-5 IN CLASSROOM

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004 - BREAKFAST BUCYRUS ELEM K-5

Thu - 01/12/2017	Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)	
BREAKFAST K-5 IN CLASS	Total															
MUFFIN BL.BERRY 2OZ WG 5579	1 EACH	170	40	120	2.00	1.08	150.0	75	0.0	15	3.0	29.0	5.0	2.00	0.00	0.00
CRACKER GLDFSH CIN 194510 2 CT	1 EACH (P OUCH)	120	0	110	1.00	0.72	100.0	30	0.0	6	1.0	19.0	4.0	1.00	0.00	0.00
APPLESAUCE BL.RASP CUP OH	1 EACH	90	0	15	2.00	0.00	0.0	95	60.0	19	0.0	22.0	0.0	0.00	0.00	0.00
COMM																
JUICE ORANGE SUNCUP GFS 1	1/2 CUP	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00	0.00
35450																
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	0.00
OHPA																
Weighted Daily Average		557	46	412	5.00	1.80	550.0	760	103.50	68	12.00	102.25	9.63	3.38	0.00	0.00
% of Calories										49.1%	8.6%	73.4%	15.5%	5.4%	0.0%	0.0%
Nutrient_Guideline		350-500		540										<10.00		

Fri - 01/13/2017	Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)	
BREAKFAST K-5 IN CLASS	Total															
CEREAL FROSTED FLAKES 3881	1 EACH	100	0	160	2.00	4.50	0.0	500	15.0	7	2.0	24.0	0.5	0.00	0.00	0.00
CHEESE STRING 269061OHPA	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00	0.00
JUICE ORANGE SUNCUP GFS 1	1/2 CUP	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00	0.00
35450																
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	0.00
OHPA																
Weighted Daily Average		382	6	327	5.00	4.50	300.0	1065	67.50	36	11.00	83.25	1.13	0.38	0.00	0.00
% of Calories										38.2%	11.5%	87.1%	2.6%	0.9%	0.0%	0.0%
Nutrient_Guideline		350-500		540										<10.00		

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Planned Menu Spreadsheet

Portion Values - Detailed

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Jan 2, 2017 thru Jan 31, 2017

BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 01/16/2017														
BREAKFAST K-5 IN CLASS														
Total														
1 EACH BRK BAR CEREAL TRIX W/GRAIN	150	0	110	3.00	1.80	200.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
1 EACH CRACKER HONEY GRAHAMS 137431 1	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
1 EACH APPLE HALF:138 OHPA GFS	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
1/2 CUP JUICE ORANGE SUNCUP GFS 135450	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories	457	6	372	6.50	2.70	600.0	1210	47.10	50	12.00	90.25	6.13	0.88	0.00
Nutrient Guideline	350-500		540						44.2%	10.5%	78.9%	12.0%	1.7%	0.0%
														<10.00

Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/17/2017														
BREAKFAST K-5 IN CLASS														
Total														
1 EACH BRK CRUNCH MANIA 443121	210	0	220	3.00	1.44	150.0	750	0.0	13	4.0	37.0	6.0	2.00	0.00
1/2 CUP JUICE ORANGE SUNCUP GFS 135450	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
1 EACH BANANAS RAW OHPA GFS20099	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories	492	6	387	6.00	1.44	450.0	1315	52.50	42	13.00	96.25	6.63	2.38	0.00
Nutrient Guideline	350-500		540						34.5%	10.6%	78.2%	12.1%	4.3%	0.0%
														<10.00

Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Wed - 01/18/2017														
BREAKFAST K-5 IN CLASS														
Total														
1 EACH BRK FRUDEL APPLE GFS 838340	210	0	280	2.00	1.08	0.0	55	0.0	11	5.0	36.0	6.0	1.50	0.00
1/2 CUP JUICE ORANGE SUNCUP GFS 135450	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
1 EACH PEARSAUCE CUPS OHCOMM P8	70	0	15	1.00	0.00	0.0	95	60.0	19	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories	457	6	462	3.00	1.08	300.0	710	103.50	58 51.1%	13.00 11.4%	84.25 73.7%	6.63 13.0%	1.88 3.7%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Thu - 01/19/2017														
BREAKFAST K-5 IN CLASS														
BRKfst BAR BENEFIT BAN CHO	280	15	220	3.00	1.80	20.0	0	0.0	*N/A*	5.0	48.0	8.0	3.00	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
STRAWBERRIES FNZ CUP COM	90	0	0	1.99	0.36	19.9	90	65.78	18	1.0	21.93	0.0	0.00	0.00
Weighted Daily Average % of Calories	547	21	387	4.99	2.16	339.9	650	109.28	*46 *33.9%	14.00 10.2%	102.18 74.7%	8.63 14.2%	3.38 5.6%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Fri - 01/20/2017														
BREAKFAST K-5 IN CLASS														
MUFFIN CHOC WG 2OZ 557991	180	40	120	2.00	1.44	150.0	100	0.0	16	3.0	30.0	5.0	2.00	0.00
CHEESE STRING 269061OHPA	80	15	150	0.00	0.00	200.0	200	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
APPLE HALF :138.OHPA GFS	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
Weighted Daily Average % of Calories	477	61	437	4.50	1.62	650.0	910	45.90	52 44.0%	18.00 15.1%	74.25 62.2%	11.63 21.9%	5.88 11.1%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

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# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

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BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)	
<b>Mon - 01/23/2017</b>															
BREAKFAST K-5 IN CLASS															
BRK POPTRT STR 1 WG 695890	180	0	180	3.00	1.80	100.0	500	0.0	15	2.0	38.0	2.5	1.00	0.00	
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00	
35450															
PEARSAUCE CUPS OHCOMM P8	70	0	15	1.00	0.00	0.0	95	60.0	19	0.0	16.0	0.0	0.00	0.00	
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	
OHPA															
Weighted Daily Average	427	6	362	4.00	1.80	400.0	1155	103.50	62	10.00	86.25	3.13	1.38	0.00	
% of Calories									58.5%	9.4%	80.7%	6.6%	2.9%	0.0%	
Nutrient Guideline	350-500		540										<10.00		

Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)	
<b>Tue - 01/24/2017</b>															
BREAKFAST K-5 IN CLASS															
MINI CINNIS 894291	240	0	300	2.00	1.44	20.0	75	0.0	15	5.0	40.0	8.0	2.00	0.00	
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00	
35450															
ORANGE SMILES MARK NAV OH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00	
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	
OHPA															
Weighted Daily Average	497	6	467	9.00	1.80	380.0	735	121.50	57	14.00	93.25	8.63	2.38	0.00	
% of Calories									46.2%	11.3%	75.0%	15.6%	4.3%	0.0%	
Nutrient Guideline	350-500		540										<10.00		

Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)	
<b>Wed - 01/25/2017</b>															
BREAKFAST K-5 IN CLASS															
BRK POPTRT STR 1 WG 695890	180	0	180	3.00	1.80	100.0	500	0.0	15	2.0	38.0	2.5	1.00	0.00	
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00	
35450															
PEARSAUCE CUPS OHCOMM P8	70	0	15	1.00	0.00	0.0	95	60.0	19	0.0	16.0	0.0	0.00	0.00	
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	
OHPA															

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# Bucyrus City Schools

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BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Weighted Daily Average % of Calories	427	6	362	4.00	1.80	400.0	1155	103.50	62 58.5%	10.00 9.4%	86.25 80.7%	3.13 6.6%	1.38 2.9%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Thu - 01/26/2017														
BREAKFAST K-5 IN CLASS														
Total	210	0	220	3.00	1.44	150.0	750	0.0	13	4.0	37.0	6.0	2.00	0.00
BRK CRUNCH MANIA 443121	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1														
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
STRAWBERRIES FNZ CUP COM	90	0	0	1.99	0.36	19.9	90	65.78	18	1.0	21.93	0.0	0.00	0.00
Weighted Daily Average % of Calories	477	6	387	4.99	1.80	469.9	1400	109.28	59 49.8%	13.00 10.9%	91.18 76.4%	6.63 12.5%	2.38 4.5%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

Fri - 01/27/2017														
BREAKFAST K-5 IN CLASS														
Total	240	0	300	2.00	1.44	20.0	75	0.0	15	5.0	40.0	8.0	2.00	0.00
MINI CINNIS 894291	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1														
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
APPLE HALF:138 OHPA GFS	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
Weighted Daily Average % of Calories	457	6	467	4.50	1.62	320.0	685	45.90	52 45.0%	13.00 11.4%	83.25 72.8%	8.63 17.0%	2.38 4.7%	0.00 0.0%
Nutrient Guideline	350-500		540										<10.00	

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# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

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BREAKFAST K-5 IN CLASSROOM

004 - BREAKFAST BUCYRUS ELEM K-5

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Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon - 01/30/2017														
BREAKFAST K-5 IN CLASS														
BRK BAR CEREAL TRIX W/GRAIN	150	0	110	3.00	1.80	200.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
1 EACH	80	15	150	0.00	0.00	200.0	200	0.0	0	7.0	1.0	6.0	3.50	0.00
CHEESE STRING 269061OHPA	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1														
35450														
APPLE HALF:138 OHPA GFS	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
1 EACH	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK 1% DEAN/REITER OHPA	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK CHOCOLATE FF TRUMOO														
OHPA														
Weighted Daily Average	447	21	427	5.50	1.98	700.0	910	47.10	45	17.00	74.25	9.63	4.38	0.00
% of Calories									40.7%	15.2%	66.4%	19.4%	8.8%	0.0%
Nutrient Guideline	350-500		540										<10.00	

Portion Size	Cals (kcal)	Cholest (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Tue - 01/31/2017														
BREAKFAST K-5 IN CLASS														
MUFFIN BLU WG 2OZ 557970	170	40	120	2.00	1.08	150.0	75	0.0	15	3.0	29.0	5.0	2.00	0.00
1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CRACKER GLDFSH CIN 194510 2														
CT														
ORANGE SMILES MARK NAV OH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1	60	0	0	0.00	0.00	0.0	60	42.0	12	0.0	14.0	0.0	0.00	0.00
35450														
MILK 1% DEAN/REITER OHPA	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA														
Weighted Daily Average	427	46	287	9.00	1.44	510.0	735	121.50	57	12.00	82.25	5.63	2.38	0.00
% of Calories									53.8%	11.2%	77.0%	11.8%	5.0%	0.0%
Nutrient Guideline	350-500		540										<10.00	
Weighted Average	477	17	400	5.93	1.94	444.3	970	82.45	*53	12.90	90.82	6.82	2.38	0.00
									*99.5%	10.8%	76.1%	12.9%	4.5%	0.0%

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# Bucyrus City Schools

Jan 2, 2017 thru Jan 31, 2017

Planned Menu Spreadsheet

BREAKFAST K-5 IN CLASSROOM

Portion Values - Detailed

004 - BREAKFAST BUCYRUS ELEM K-5

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Nutrient	Menu AVG	Portion Size	% of Cals	Weekly Cals	Cals Target	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)	
																			% of Target	Shortfall
Calories	477			350 - 500			100%													
Cholesterol (mg)	17																			
Sodium (mg)	400				540															
Fiber (g)	5.93																			
Iron (mg)	1.94																			
Calcium (mg)	444.3																			
Vitamin A (IU)	970																			
Sugars (g)	53		44.24%					Missing												
Vitamin C (mg)	82.45																			
Protein (g)	12.90		10.82%																	
Carbohydrate (g)	90.82		76.12%																	
Total Fat (g)	6.82		12.85%																	
Saturated Fat (g)	2.38		4.48%																	
Trans Fat <sup>1</sup> (g)	0.00		0.00%																	

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