

# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/01/2017															
K-5 LUNCH															
CHICKEN POP EL OHCOMM	Total SERVING	164	37	355	1.00	2.00	12.0	69	0.0	0	14.97	8.98	7.98	2.00	0.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
POTATO SMILES MCCAIN OHPA	4 EACH	130	0	180	2.00	0.36	0.0	0	2.4	0	2.0	20.0	4.5	0.50	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
FRUIT COCKTAIL GFS118265 O HPA	1/2 CUP	70	0	5	1.00	0.00	0.0	200	1.2	15	1.0	18.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		403	32	780	4.27	2.10	360.1	1365	9.66	*22	19.40	58.31	10.23	1.91	0.00
% of Calories										*21.7%	19.3%	57.9%	22.9%	4.3%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/02/2017															
K-5 LUNCH															
FUN ON RUN YOGURT PRETZEL OHPA	Total YOGURT +PRETZEL	310	15	345	15.05	1.08	300.4	717	6.02	17	13.01	46.07	8.5	4.00	0.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 2EA/2GR WG NIC	2 EACH	160	0	280	4.00	1.44	40.0	10	0.0	2	6.0	30.0	2.0	0.00	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
POTATO ROUNDS (TOTS) OHCO MM	1/2 CUP	120	0	260	2.00	0.36	0.0	0	1.2	0	2.0	14.0	6.0	1.00	0.00
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
PEACHES DICED CND 633662 OHPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		491	26	1086	11.15	2.02	502.1	3135	8.41	*37	19.59	75.07	12.36	3.48	0.02
% of Calories										*30.4%	16.0%	61.2%	22.6%	6.4%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/03/2017															
K-5 LUNCH	Total														
STIR FRY SW/SOUR EL/MS CHIC	SERVING (1.5C)	599	59	632	5.64	2.35	42.6	218	9.45	23	26.03	97.53	11.94	2.00	0.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 2EA/2GR WG NIC	2 EACH	160	0	280	4.00	1.44	40.0	10	0.0	2	6.0	30.0	2.0	0.00	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
BROCCOLI FZN USDA	1/2 CUP	26	0	22	3.00	0.00	0.0	5	0.0	1	3.0	5.0	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
FRUIT COCKTAIL GFS118265 OHPA	1/2 CUP	70	0	5	1.00	0.00	0.0	200	1.2	15	1.0	18.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		629	48	1121	9.16	2.58	389.3	1441	27.85	*45	27.30	107.11	11.08	1.98	0.02
% of Calories										*28.4%	17.4%	68.1%	15.8%	2.8%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/04/2017															
K-5 LUNCH															
NACHOS BFAND CHS EL/MS* O HCOMM	Total 1.25C+3O ZMT+2OZ	414	38	1007	3.64	2.52	146.3	619	4.73	4	16.72	40.77	21.55	4.82	1.37
SALAD ENT PEPPI PIZ ELEM OHP	SALAD	261	24	893	1.12	1.92	16.7	1125	11.42	2	22.06	14.79	12.44	4.68	0.00
ROLL DINNER 2EA/2GR WG NIC	2 EACH	160	0	280	4.00	1.44	40.0	10	0.0	2	6.0	30.0	2.0	0.00	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
PEAS GRN FZN 283760	1/2 CUP	89	0	127	5.10	0.00	0.0	510	7.65	5	6.37	15.29	0.0	0.00	0.00
BEANS REFRIED: VEG GFS 1839	1/2 CUP	189	0	669	10.10	2.27	50.5	0	1.52	0	10.1	31.57	1.89	0.63	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
APPLESAUCE CND KNOUSE OHP	1/2 CUP	90	0	10	2.00	0.00	0.0	90	0.0	18	0.0	22.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP ACOMM	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		627	27	1643	11.84	3.62	451.0	1176	28.87	*36	26.14	93.04	16.96	3.77	0.70
% of Calories										*22.7%	16.7%	59.3%	24.3%	5.4%	1.0%
Nutrient Guideline		550-650		1230										<10.00	

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K-5 LUNCH

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/05/2017															
K-5 LUNCH															
PIZZA SMART CHS TONY'S ESM S 26	1 EACH	300	15	600	3.00	2.70	250.0	500	0.0	14	15.0	37.0	11.0	4.00	0.00
SALAD ENT PEPPI PIZ ELEM OHP	SALAD	261	24	893	1.12	1.92	16.7	1125	11.42	2	22.06	14.79	12.44	4.68	0.00
ROLL DINNER 2EA/2GR WG NIC	2 EACH	160	0	280	4.00	1.44	40.0	10	0.0	2	6.0	30.0	2.0	0.00	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
POTATO FRE FRIES MCCAIN OH PA	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEARS DICED LS GFS 775170 O HPA	1/2 CUP	55	0	9	1.83	0.33	0.0	50	1.1	10	0.0	12.8	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		461	16	1098	6.12	2.58	480.2	977	21.39	*38	20.17	72.19	10.73	3.04	0.02
% of Calories										*33.3%	17.5%	62.6%	20.9%	5.9%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 6

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/08/2017															
K-5 LUNCH															
	Total														
SAND HOT GRILL AMCHSBRG AL	1 EACH	315	32	630	2.00	2.88	180.0	170	0.0	5	20.5	30.0	11.0	4.25	0.00
SALAD ENT CHEF: ELEM PA/OHP	SALAD	216	42	647	1.33	1.70	219.4	1362	14.15	2	18.89	17.18	8.45	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SUB COLD TUR/ HAM SUB NIC	1 EACH	258	37	726	*4.00	*2.00	177.3	92	0.0	*5	20.86	36.99	6.04	1.91	0.00
MS2															
SAND COLD PBJ NICK+OHPA EL	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
MS															
POTATO FRE FRIES MCCAIN OH	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
PA															
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEACHES DICED CND 633662 O	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
HPA															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
O OHPA															
Weighted Daily Average		471	27	1121	*5.48	*2.60	463.2	2322	21.65	*34	23.12	69.59	10.61	3.15	0.02
% of Calories										*29.0%	19.6%	59.1%	20.3%	6.0%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/09/2017															
K-5 LUNCH															
	Total														
TACO BF SOFT (1):ELMS OHCOM	1 EACH	280	34	538	3.26	2.73	319.2	551	3.15	3	17.98	26.95	11.05	4.60	0.00
SALAD ENT CHEF: ELEM PA/OHP	SALAD	216	42	647	1.33	1.70	219.4	1362	14.15	2	18.89	17.18	8.45	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SUB COLD TUR/ HAM SUB NIC	1 EACH	258	37	726	*4.00	*2.00	177.3	92	0.0	*5	20.86	36.99	6.04	1.91	0.00
MS2															
SAND COLD PBJ NICK+OHPA EL	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
MS															
BROCCOLI STEAM GFS OHPA	1/2 cup	20	0	14	1.36	0.00	13.6	7	20.47	1	0.68	2.73	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ACOMM															
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
O OHPA															
Weighted Daily Average		409	21	985	*6.36	*2.09	479.8	9411	36.52	*34	18.71	64.85	8.43	2.40	0.02
% of Calories										*33.3%	18.3%	63.4%	18.5%	5.3%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 8

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/10/2017															
K-5 LUNCH															
	Total														
CORNDOG MINI CHIX ELE GFS	Serving (5)	225	31	350	3.75	1.80	125.0	44	0.0	9	8.75	25.0	10.0	3.75	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SALAD ENT CHEF: ELEM PA/OHP	SALAD	144	46	126	1.33	0.55	84.3	1287	13.96	5	16.5	9.01	3.92	1.69	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
PEAS/CARROTS GFS 285730 FZ N OH	1/2 CUP	60	0	60	3.00	0.72	0.0	1500	4.8	4	2.0	9.0	0.0	0.00	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
FRUIT COCKTAIL GFS118265 O HPA	1/2 CUP	70	0	5	1.00	0.00	0.0	200	1.2	15	1.0	18.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		445	24	947	7.80	2.35	416.0	1617	27.89	*39	17.09	71.08	9.54	2.70	0.02
% of Calories										*35.4%	15.3%	63.8%	19.3%	5.5%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 9

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/11/2017															
K-5 LUNCH															
PANCAKES:2G	Total														
SAUSAGE LINK FC 791481 GFS	2 pancakes	153	7	220	2.00	1.20	0.0	17	0.0	3	3.33	27.33	4.0	0.67	0.00
SALAD ENT CHEF: ELEM PA/OHP	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ROLL DINNER 1 EA/1GR KLOS	SALAD	216	42	647	1.33	1.70	219.4	1362	14.15	2	18.89	17.18	8.45	3.21	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
POTATO ROUNDS (TOTS) OHCO MM	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
CUCUMBER GFS OHPA	1/2 CUP	120	0	260	2.00	0.36	0.0	0	1.2	0	2.0	14.0	6.0	1.00	0.00
APPLE WHOLE:138 OHPA GFS	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE MANDARIN CND	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
JUICE ORANGE SUNCUP GFS 1 35450	1/2 CUP	63	0	9	0.00	0.32	17.9	268	18.78	13	0.0	15.2	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1/2 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DRESSING FRN FF 284321	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING IT FF HV 281841	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING MAYO LT 282061	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
KETCHUP HUNT GFS 270075	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
MUSTARD YLW FRE GFS741270 OHPA	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
SAUCE BBQ OHPA	2TBSP														
SYRUP PANCAKE 4/1GAL 131857	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK CHOCOLATE FF TRUMOO OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		442	13	1015	6.11	1.96	370.2	794	25.70	*34	14.94	74.07	9.93	1.80	0.02
% of Calories										*30.4%	13.5%	67.0%	20.2%	3.7%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/12/2017															
K-5 LUNCH															
MAC AND CHEESE OHCOMM EL MS	Total 6 oz	290	50	860	2.00	1.08	400.0	400	0.0	6	17.0	29.0	12.0	12.00	0.00
SALAD ENT CHEF: ELEM PA/OHP	SALAD	216	42	647	1.33	1.70	219.4	1362	14.15	2	18.89	17.18	8.45	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
BEANS GREEN FZN KE GFS 360 191	1/2 CUP	22	0	0	1.50	0.36	30.0	100	3.0	1	0.5	3.5	0.0	0.00	0.00
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE WHOLE:138 OHPA GFS	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	16	0.0	22.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEARS DICED LS GFS 775170 OHPA	1/2 CUP	55	0	9	1.83	0.33	0.0	50	1.1	10	0.0	12.8	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		406	25	1042	6.08	1.67	502.9	2359	23.15	*34	17.59	64.26	8.53	4.57	0.02
% of Calories										*33.9%	17.4%	63.4%	18.9%	10.1%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/15/2017															
K-5 LUNCH															
CHICKEN UNBRD BBQ KLO+OH ES	Total 1 EACH	272	52	997	1.83	2.68	65.0	166	1.0	12	20.58	33.83	6.29	1.00	0.00
SALAD ENT POPCORN: ELEM O HCOMM	PORTION	257	37	571	2.04	2.75	163.0	1542	15.05	3	18.86	22.72	10.86	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
POTATO SWEET FRIES OHCOM	1/2 CUP	160	0	180	4.00	0.36	20.0	5000	9.6	8	1.0	25.0	7.0	1.00	0.00
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
APPLESAUCE CND KNOUSE OHP	1/2 CUP	90	0	10	2.00	0.00	0.0	90	0.0	18	0.0	22.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		2162	114	4841	34.92	12.47	1624.9	17534	130.00	*141	90.41	330.95	59.77	11.27	0.06
% of Calories										*26.1%	16.7%	61.2%	24.9%	4.7%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/16/2017															
K-5 LUNCH															
BREADSTICK BOSCO 2EA WG 2 35411	Total														
SAUCE PIZZA SAUCE AS SIDE	2 EACH	300	20	460	4.00	2.16	400.0	600	0.0	4	20.0	32.0	9.0	3.00	0.00
SALAD ENT POPCORN: ELEM O HCOMM	1/4 CUP	18	0	225	0.90	0.65	0.0	180	4.32	3	0.9	4.5	0.0	0.00	0.00
ROLL DINNER 1 EA/1GR KLOS	PORTION	257	37	571	2.04	2.75	163.0	1542	15.05	3	18.86	22.72	10.86	3.21	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
BROCCOLI STEAM GFS OHPA	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
CUCUMBER SLICES	1/2 cup	20	0	14	1.36	0.00	13.6	7	20.47	1	0.68	2.73	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1/2 cup	10	0	1	0.34	0.19	10.9	71	1.9	1	0.44	2.47	0.07	0.03	0.00
BANANAS RAW OHPA GFS20099	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
PEARS DICED LS GFS 775170 O HPA	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1/2 CUP	55	0	9	1.83	0.33	0.0	50	1.1	10	0.0	12.8	0.0	0.00	0.00
DRESSING FRN FF 284321	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING IT FF HV 281841	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING MAYO LT 282061	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
KETCHUP HUNT GFS 270075	2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
MUSTARD YLW FRE GFS741270 OHPA	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
SAUCE BBQ OHPA	2TBSP														
MILK 1% DEAN/REITER OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FF TRUMOO OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
% of Calories	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Nutrient Guideline		550-650		1230						*30	20.85	58.97	7.59	1.97	0.00
										*30.0%	21.2%	59.9%	17.4%	4.5%	0.0%

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### Portion Values - Detailed

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/17/2017															
K-5 LUNCH															
FRENCH TST STICKS GFS 61120	Total SERVING (	315	15	418	2.00	0.36	0.0	372	0.0	22	6.0	62.0	4.5	0.50	0.00
SAUSAGE LINK FC 791481 GFS	SERVING	190	30	260	0.00	0.36	0.0	0	0.0	0	6.0	0.0	18.0	7.00	0.00
SALAD ENT POPCORN: ELEM O HCOMM	PORTION	257	37	571	2.04	2.75	163.0	1542	15.05	3	18.86	22.72	10.86	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
WRAP TURKEY/CHS GFS ELMS	1 EACH	270	41	597	2.33	1.86	223.3	177	1.2	3	20.83	26.33	9.5	3.58	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
POTATO SPIRAL OHCOMM	1/2 CUP	80	0	230	1.00	0.36	0.0	0	1.2	0	1.0	11.0	3.5	0.50	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
FRUIT COCKTAIL GFS118265 O HPA	1/2 CUP	70	0	5	1.00	0.00	0.0	200	1.2	15	1.0	18.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SYRUP PANCAKE 4/1GAL 131857	1 OZ	105	0	47	0.00	0.00	0.0	72	0.0	14	0.0	26.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		536	27	924	5.19	1.23	363.7	917	23.73	*42	17.12	85.90	13.60	3.93	0.00
% of Calories										*31.5%	12.8%	64.1%	22.8%	6.6%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/18/2017															
K-5 LUNCH															
CHICKEN PTY NICK+TYS PACO* GFS	Total SANDWIC	390	25	610	9.00	4.14	100.0	115	0.0	4	21.0	41.0	17.0	3.00	0.00
SALAD ENT POPCORN: ELEM O HCOMM	PORTION	257	37	571	2.04	2.75	163.0	1542	15.05	3	18.86	22.72	10.86	3.21	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
POTATO MASHED:instant GFS O HPA	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1	1.63	17.09	1.22	0.81	0.00
GRAVY CHICKEN MIX LEGOUT OHPA	2 oz ladle	30	0	133	0.00	0.00	1.8	4	0.0	1	1.01	4.05	1.01	0.00	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEACHES DICED CND 633662 O HPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
JUICE GRAPE SUNCUP GFS 135 460	1 EACH	80	0	20	0.00	0.36	20.0	90	1.2	18	0.0	19.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP ACOMM	1/4 CUP	23	0	70	0.85	1.40	7.5	343	2.5	4	0.94	4.37	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 15

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		480	18	839	8.41	3.20	411.7	1125	34.23	*33	21.03	73.28	11.38	2.36	0.00
% of Calories										*27.3%	17.5%	61.0%	21.3%	4.4%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

Fri - 05/19/2017																
K-5 LUNCH	Total															
HOT DOG BF 596390/NIC GFS O HPA	1 EACH	310	30	780	3.00	2.16	60.0	35	0.0	7	11.0	27.0	18.0	6.00	0.00	
SALAD ENT POPCORN: ELEM O HCOMM	PORTION	257	37	571	2.04	2.75	163.0	1542	15.05	3	18.86	22.72	10.86	3.21	0.00	
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00	
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00	
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00	
BEANS BAKED:veg	1/2 cup	219	0	590	5.42	2.59	72.5	157	0.38	31	7.51	51.84	0.02	0.00	0.00	
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00	
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00	
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00	
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00	
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00	
PEACHES DICED CND 633662 O HPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00	
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00	
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00	
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00	
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06	
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00	
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00	
SALSA LOSOD USDA A237 OHPA	1/4 CUP	23	0	70	0.85	1.40	7.5	343	2.5	4	0.94	4.37	0.0	0.00	0.00	
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 16

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		521	20	1167	8.56	3.54	432.4	14784	26.92	*51	20.37	87.75	11.17	3.16	0.00
% of Calories										*39.1%	15.6%	67.4%	19.3%	5.5%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

Mon - 05/22/2017																
K-5 LUNCH	Total															
SUB HOT MEATB ESMS NICKOH COMM	1 EACH	161	3	550	4.54	1.67	84.7	184	3.0	*4	7.12	29.21	2.75	0.44	0.00	
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00	
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00	
WRAP CHICKEN POP EL/MS OH COMM	1 EACH	323	36	612	2.59	2.41	429.7	463	1.0	2	20.22	29.06	13.91	5.97	0.00	
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00	
POTATO SMILES MCCAIN OHPA	4 EACH	130	0	180	2.00	0.36	0.0	0	2.4	0	2.0	20.0	4.5	0.50	0.00	
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00	
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00	
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00	
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00	
APPLE CINNAMON	1/2 cup	43	0	8	1.69	0.03	3.1	1	0.01	*0	0.01	10.34	0.0	0.00	0.00	
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00	
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00	
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00	
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06	
KETCHUP HUNT GFS 270075	2 TBSP															
MUSTARD YLW FRE GFS741270	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00	
OHPA	2TBSP															
SAUCE BBQ OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	
MILK 1% DEAN/REITER OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00	
MILK CHOCOLATE FF TRUMOO	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00	
OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00	
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00	
O OHPA																
Weighted Daily Average		423	20	848	7.42	2.04	408.5	1326	26.20	*26	16.53	71.20	8.41	1.45	0.00	
% of Calories										*24.7%	15.6%	67.3%	17.9%	3.1%	0.0%	
Nutrient Guideline		550-650		1230										<10.00		

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 17

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/23/2017															
K-5 LUNCH	Total														
PIZZA HAND TOSSED CHEESE:K	1/10th slice	272	28	536	3.20	1.44	280.0	320	0.0	*N/A*	14.4	28.8	12.0	5.60	0.00
PIZZA HAND TOSSED PEPPER:K	1/10th slice	298	33	624	3.20	1.48	280.0	320	0.0	*0	15.47	28.9	14.33	6.48	0.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
BEANS GR FROZ FNS A070 OH/PACO	1/2 CUP	19	0	6	2.00	0.59	33.0	376	2.8	1	1.01	4.35	0.11	0.03	0.00
CARROT STICK MRK OHPA	1/2 cup	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEACHES DICED CND 633662 OHPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP														
MUSTARD YLW FRE GFS741270 OHPA	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
SAUCE BBQ OHPA	2TBSP														
MILK 1% DEAN/REITER OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MILK CHOCOLATE FF TRUMOO OHPA															
MILK STRAWBERRY FF TRUMO OHPA															
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		387	30	602	6.62	1.88	493.3	4592	24.01	*26	18.34	58.96	9.25	3.21	0.00
% of Calories										*27.0%	19.0%	61.0%	21.5%	7.5%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 18

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/24/2017															
K-5 LUNCH															
	Total														
CORNDOG MINI CHIX ELE GFS	Serving (5)	225	31	350	3.75	1.80	125.0	44	0.0	9	8.75	25.0	10.0	3.75	0.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 2EA/2GR WG NIC	2 EACH	160	0	280	4.00	1.44	40.0	10	0.0	2	6.0	30.0	2.0	0.00	0.00
SAND COLD PBJ NICK+OHPA EL MS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
CARROTS CND USDA A100 OHP ACOMM	1/2 CUP	18	0	31	1.10	0.47	18.0	8154	2.0	2	0.47	4.04	0.14	0.03	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEACHES DICED CND 633662 O HPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		412	31	939	6.36	2.32	416.9	5693	32.33	*37	15.86	67.14	8.69	2.39	0.01
% of Calories										*36.2%	15.4%	65.2%	19.0%	5.2%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

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May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/25/2017															
K-5 LUNCH															
	Total														
HAMBURGER GFS +NICKE ELMS	1 EACH	360	70	610	3.00	2.52	80.0	20	0.0	*4	20.99	24.0	18.99	7.00	1.00
SALAD ENT LIFT-OFF SPIN OHP	PORTION	256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA ELMS	1 EACH	479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
POTATO SMILES MCCAIN OHPA	4 EACH	130	0	180	2.00	0.36	0.0	0	2.4	0	2.0	20.0	4.5	0.50	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS	1 EACH	80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
FRUIT COCKTAIL GFS118265 OHPA	1/2 CUP	70	0	5	1.00	0.00	0.0	200	1.2	15	1.0	18.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		486	42	850	6.74	2.26	393.6	1275	25.24	*28	20.87	69.27	13.68	3.56	0.35
% of Calories										*22.7%	17.2%	57.1%	25.3%	6.6%	0.7%
Nutrient Guideline		550-650		1230										<10.00	

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# Bucyrus City Schools

## Planned Menu Spreadsheet

### Portion Values - Detailed

Page 20

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

Generated on: 2/22/2017 2:01:04 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/26/2017															
K-5 LUNCH															
	Total														
PORK RIB B Q OHCO+ NICK ELM SANDWIC		197	0	1024	3.00	1.68	60.0	187	0.0	17	5.0	39.01	2.0	0.00	0.00
SALAD ENT LIFT-OFF SPIN OHP PORTION		256	195	510	3.12	5.56	142.4	10755	23.27	3	19.52	21.37	10.35	3.52	0.00
ROLL DINNER 1 EA/1GR KLOS 1 EACH		80	0	146	1.38	0.83	28.8	10	0.0	2	2.7	14.83	0.99	0.15	0.00
SAND COLD PBJ NICK+OHPA EL MS 1 EACH		479	0	468	7.54	3.98	335.4	87	0.0	*17	18.4	50.17	27.58	3.54	0.00
BEANS GR FROZ FNS A070 OH/ PACO 1/2 CUP		19	0	6	2.00	0.59	33.0	376	2.8	1	1.01	4.35	0.11	0.03	0.00
CARROT STICK MRK OHPA 1/2 cup		26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS 1 EACH		40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099 1 EACH		105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
ORANGE FRESH MARKON GFS 1 EACH		80	0	0	7.00	0.36	60.0	100	78.0	14	1.0	21.0	0.0	0.00	0.00
PEACHES DICED CND 633662 O HPA 1/2 CUP		46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
DRESSING RNC FF HV 281811 1 OZ		21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321 2 TBSP		31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841 SERVING		26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061 SERVING		50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075 2 TBSP		40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA 1 TBSP		0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA 1 OZ		30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA MILK		110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA MILK		120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA MILK		130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average		351	18	779	6.54	1.97	405.3	4539	24.01	*33	14.36	63.03	4.79	0.79	0.00
% of Calories										*37.6%	16.4%	71.8%	12.3%	2.0%	0.0%
Nutrient Guideline		550-650		1230										<10.00	
Weighted Average		547	30	1173	*8.57	*2.84	494.7	3871	30.49	*40	22.99	85.80	12.84	3.14	0.07
										*65.8%	16.8%	62.8%	21.1%	5.2%	0.1%

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# Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 21

May 1, 2017 thru May 26, 2017

K-5 LUNCH

007 - WYNFORD ELEM LUNCH K-6

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
Calories	547		550 - 650		99%			3									Correction Required - Calories are Low
Cholesterol (mg)	30																
Sodium (mg)	1173		1230														
Fiber (g)	8.57					Missing											
Iron (mg)	2.84					Missing											
Calcium (mg)	494.7																
Vitamin A (IU)	3871																
Sugars (g)	40	29.26%				Missing											
Vitamin C (mg)	30.49																
Protein (g)	22.99	16.82%															
Carbohydrate (g)	85.80	62.77%															
Total Fat (g)	12.84	21.13%															
Saturated Fat (g)	3.14	5.18%			<10.00%												
Trans Fat <sup>1</sup> (g)	0.07	0.11%															

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